

## Needed for Sports Clearance

- **Emergency Form** - completed and signed by parent each year.
  - **Health History** – use Sports Health History form – completed and signed by parent and student. Filled out annually (each school year) dated after August 1<sup>st</sup>.
  - **Physical** – completed, signed and dated. A sports physical form or the state blue form with sports clearance checked off is acceptable. Valid for 13 months and must cover athlete for the entire season.
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- All paperwork is to be delivered to the school nurse.
  - If criteria are met, student obtains a sports clearance slip to submit to their coach so he/she may participate in tryouts.
  - Any health concerns may require further documentation/clearance by a licensed medical professional.
  - For fall sports, Medication Authorization forms for EpiPens and Inhalers need to be submitted before tryouts. (Tryouts begin before school year starts.)

**Sports Clearance Hours: 9-12 August 25 & 26**